

# TIBICOS

(WATER KEFIR)



## GATHER YOUR BITS

- ❁ A Wide Mouth Jar  
with Cloth or Loose Lid
- ❁ A Fine Mesh Strainer
- ❁ Pressure Safe Jars/ Bottles
- ❁ A Funnel is really handy  
so is a Scale



## INGREDIENTS

- Wobblies ❁
- Dark Sugar ❁
- Clean Water ❁
- Lemon ❁
- Ginger or Dried Fruit ❁



## FEED YOUR KIN

for 500ml of Water  
Dissolve 25g of Sugar  
for 15g of Wobblies  
(about a Tablespoon)  
with Half a Lemon &  
a Wee knob o' Ginger

### MAGICK CLEANING SPRAY

500ml Vodka  
200ml Distilled Vinegar  
150ml Water + 150g Salt

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